

Instructions: Complete the following sentences using examples of your behavior since the last Scoutmaster Conference. Try to give some special tiny detail for each answer. If you can't think of anything to write, leave it blank and I will write it down for you when we talk.

Name _____ For Rank: _____ Date ____/____/____

1. *A Scout tells the truth. He is honest, and he keeps his promises. People can depend on him.*

I was **TRUSTWORTHY** when I _____

2. *A Scout is true to the groups to which he belongs: his Patrol, family, friends, school, and nation.*

I was **LOYAL** when I _____

3. *A Scout cares about other people. He willingly volunteers to help others without expecting payment or reward.*

I was **HELPFUL** when I _____

4. *A Scout is a friend to all. He is a brother to other Scouts. He offers his friendship to people of all races and nations, and respects them even if their beliefs and customs are different from his own. He is the first to speak to a newcomer.*

I was **FRIENDLY** when I _____

5. *A Scout is polite to everyone regardless of age or position. He knows that using good manners makes it easier for people to get along. A Scout can be polite even when the other person is wrong or angry.*

I was **COURTEOUS** when I _____

6. *A Scout knows there is strength in being gentle. He treats others as he wants to be treated. Without good reason, he does not harm or kill any living thing.*

I was **KIND** when I _____

7. *A Scout follows the rules of his family, school, and troop. He obeys the laws of his community and country. If he thinks these rules and laws are unfair, he tries to have them changed in an orderly manner rather than disobeying them.*

I was **OBEDIENT** when I _____

8. *A Scout looks for the bright side of life. He cheerfully does tasks that come his way. He tries to make others happy when he is tired, or even when it is raining outside. Whistling counts!*

I was **CHEERFUL** when I _____

9. *A Scout works to pay his way and to help others. He saves for the future. He protects and conserves natural resources. He carefully uses time and property.*

I was **THRIFTY** when I _____

10. *A Scout can face danger although he is afraid. He has the courage to stand against peer pressure for what he thinks is right even if others laugh at him or threaten him.*

I was **BRAVE** when I _____

11. *A Scout keeps his body and mind fit. He chooses the company of those who live by high standards. He helps keep his home and community clean.*

I was **CLEAN** when I _____

12. *A Scout finds wonder all around him: in the tiny secrets of creation, in the great mysteries of the universe, and in the kindness of people. He sometimes feels a chill or sense of "awe" when he witnesses the beauty, the vastness, or the raw force of nature.*

I was **REVERENT** when I _____
